

FREE

FOOD & PRESCRIPTIONS

DELIVERY

At Help The Elderly, our goal is to deliver food and prescriptions to those who are at a higher risk of suffering complications from coronavirus (COVID-19).

Please go to www.helptheelderly.org to be put in contact with your local volunteer.

Only available for the elderly and chronically ill people.
Volunteers needed. Please submit the form through the website.
Inner and Outer London only.
helptheelderlyuk@gmail.com
+442070975871

**HELP
THE
ELDERLY**