

**FREE**

# FOOD & PRESCRIPTIONS

**DELIVERY**

At Help The Elderly, our goal is to deliver food and prescriptions to those who are at a higher risk of suffering complications from coronavirus (COVID-19).

Please go to [www.helptheelderly.org](http://www.helptheelderly.org) to be put in contact with your local volunteer.

Please note that it is the shopping and delivery service which is free and not the food or prescriptions.

Only available for the elderly and chronically ill people.

Volunteers needed. Please submit the form through the website.

Inner and Outer London only.

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**HELP  
THE  
ELDERLY**